



CHAO PHRAYA MUAY THAI SIGN-IN SHEET

TRAINING TIMES

ADULT TRAINING: TUESDAY (7.30PM-9PM) THURSDAY (7.30PM-9PM) SUNDAY (6PM-7:30PM)
SPARRING: FRIDAY (6.30PM-7:30PM) SUNDAY (7.30PM-8:30PM)
KIDS TRAINING: TUESDAY (6.30PM-7:15PM) THURSDAY (6.30PM-7:15PM)

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KRU:

FULL NAME	SIGNATURE	TRAINING	TRAINING	SPARRING	SPARRING	< BOTH	< BOTH	FIGHTCAMP	NOTES
		MEMBERS £4 (Kids £3)	NON-MEMBERS £6 (Kids £3)	MEMBERS £3	NON-MEMBERS £4	MEMBERS £5	NON-MEMBERS £7		
	PLEASE TICK								

BY SIGNING THIS FORM YOU HAVE READ AND UNDERSTOOD OUR WAIVER OF LIABILITY & INDEMNITY AGREEMENT AT: WWW.LINCOLNTHAIBOXING.CO.UK/WAIVER



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